

# Saddlelite Riders Saddle Club

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## SRSC & Other Upcoming Events

Got an event you want us to post – call Peggy at 651-450-7959 or send it to [peggy@pasillas.net](mailto:peggy@pasillas.net) and I'll get it in the newsletter.

### AUGUST

- 18 - Annual GCSCA Horse Show (Ellsworth, WI)
- 18, 19 - Endurance Ride ThistleDown Run,
- 25 - SRSC All Youth Show - Rainbow Arena, WSCA Judge Robin Fauchald
- 25 - SRSC Junior Royalty Contest at Youth Show
- 26 - SRSC Over-The Hill Show, Rainbow Arena, WSCA Judge Lita Hottel
- 26 - SRSC Senior Royalty Contest at OTH Show

### SEPTEMBER

- 8 - Rainbow Defeat of Jesse James Days WSCA Show, WSCA Judge Craig Gunderson
- 8,9 - Endurance Ride, Charity Cup, Pillager State Forest
- 10 – SRSC Meeting – 7pm UMore Park Offices – Note this is the week AFTER Labor Day!**
- 20-24 WSCA Champ Show - State Fair Grounds
- 22, 23 - Endurance Ride, Run for the Ridge, Ft. Ridgely State Park

### OCTOBER

- 1 – SRSC Meeting – 7pm UMore Park Offices**

Go to the club website for more information on other activities! [www.saddleliteriders.com](http://www.saddleliteriders.com)

## Penny Wise!

Here's a great suggestion from Trina Oster! Use the large turkey bags (found in the Ziplock section of the grocery store) and hang your tack inside them (headstall, reins, breastcollar & cinch) open end hanging down one bag for each different color. That way all your tack stays clean & dust free when not in use and it's easy to see which is which!

You can also use suit bags to keep your matching blankets clean & dust free. Trina says "I buy these at Walmart cuz its cheap there. You may get some flack from your friends but it works, my tack is always clean."

Trina O.

*Got an idea you want to share with the club members on how you save money on your horse hobby? Call or email me with your idea and I'll get it in the newsletter! We all know how to spend money on our horses – let's share how we can save some for a change!*

Got a suggestion - call Peggy at 651-450-7959 or email [peggy@pasillas.net](mailto:peggy@pasillas.net) We all have ideas to share!

## Check Out Team Saddlelite!

Congratulations to Erin (Dent) and her horse, Sultry Seniorita. They took 3rd in open and 8th in amateur Hunter Under Saddle at the Region 3 Quarter Horse Experience Show at the State Fair Grounds.

A big WOW and congratulations to Lynda Dent and Abbie at the NBHA Open Barrel Jackpot on Friday, 7/20 at the Kasson Fair. They were 1st in the 3D division for the open 4D and open 5D classes.

Congratulations to Peggy Pasillas and Magic Amigo on their 1<sup>st</sup> place and Best Condition in the 25 mile Limited Distance at the recent Wildcat Endurance Ride in Wisconsin.

Great job Lizzie! This was her first year at the Dakota County 4H Horse Shows and she was awesome!

Got any "Team Saddlelite" news you want to share? Email or call Peggy at [peggy@pasillas.net](mailto:peggy@pasillas.net) or 651-450-7959 with your results!

## SRSC Royalty Contest! Come out and run!

Wow; our shows are going to sneak up on us soon; that is when our totally awesome Youth and Over the Hill shows will be held. I hope to see you all participating there. It will be a very fun weekend. During those shows; around the noon hour; there will be a chance for YOU to run for SRSC 2008 Royalty. Come one; come all and try out! There will be a riding portion (a pattern run either pleasure or game style) and a short interview with a speech to be given at a later meeting. All ages and genders welcome!!!! If you are interested in running; please email me and let me know by August 10th via email at [jenvalek@lakes.com](mailto:jenvalek@lakes.com)

## Check Out Our Website!

There is lots of good information on the club website and it's easy to use! Go to <http://www.saddleliteriders.com>

You'll find lots of information about what's happening in the club as well as just plain interesting stuff!!! You can even access back copies of the newsletter!

## August SRSC Meeting Minutes

- Meeting called to order at 7:15 PM
- Minutes from last meeting printed in newsletter approved
- Treasurer's report:  
Had to rewrite check for \$414

No checks bounced at the last show!

\$30,000 still in 1 year CD

-Motion was made to pay the insurance waiver for the S ST Paul Parade, motion passed.

GCSCA assessment- \$2 per horse & rider discussed.

Clausen's reimbursement for state fair paid.

Motion approved to accept Treasurer's report

Trails Committee: UMore being mown more, bugs are not as bad. Feel free to email Greg with any trail issues. He will forward to proper staff. There was a concern noted regarding beer cans in storage buildings and open buildings at the trailhead. The concern is that it will that jeopardize trail use for equestrians. General consensus is no. Lebanon: Joan has been there three times when there have not been envelopes for trail passes. There was a question regarding the state trail pass: does it go throughout calendar year, or is it just seasonal? Members who have purchased the pass all agreed it is for the calendar year.

Show Committee: Youth show August 25th, OTH show August 26th. Designated person in entry booth/announcer at all times to oversee issues. Ribbons are ordered, chuckwagon will be at show. Possible 10% commission for SRSC?

Royalty Contest: Jen has not heard from many yet. Idea to have show judge preside over royalty winner- comment made that that is the judge's lunch time. Still no decision... must be a non-SRSC member.

GCSCA: Annual show August 18th, 19th, at the Pierce County Fairgrounds in Ellsworth, WI. No health cert needed if just going to a show. Annual number purchasers will show first in classes, then the rest.

WSCA- Annual meeting in October.

State Fair- Clausen's to be in Jumping Figure 8 class, 8:30 am, Monday, September 3rd. Inviting all SRSC members to come and cheer them on! Clausen's can decorate their stalls for fair- they can check with Cassie and Jen to see if there is anything available to use.

Carol Adams is very ill. Lynda volunteered to send her a card.

September meeting- Joan and Rich will not be available to pick up key. Neither will Stephanie. Can Trina arrange? Can Peg email them about a lock box for a key? Speakers- possibly ask law enforcement personnel to talk about security on farm, if any available. Discussion about having Monteed Patrol or law enforcement attending a meeting sponsored by SRSC for all community members with questions.

Motion to adjourn meeting, passed at approximately 8:45 PM.

Respectfully submitted,  
Stephanie Huss

Trina Oster  
SRSC Secretary

*Trina Oster*  
SRSC Secretary

## Check out SRSC at the “Great Minnesota Get Together” (The State Fair)!

Check out Jason and Lizzie Clausen at the State Fair! They will be representing SRSC on the following dates at the WSCA Horse Show:

Jumping Figure 8 class, 8:30 am, Monday, September 3rd.

### Club News:

Got some news you want to share or idea you think will benefit other SRSC members? Please email, snail mail or call your newsletter editor – that’s me! Contact me using any of the contact possibilities below:

Peggy Pasillas  
9928 Rich Valley Blvd  
Inver Grove Heights, MN 55077.  
Phone 651-450-7959  
Email at [peggy@pasillas.net](mailto:peggy@pasillas.net)

## Spending Time With Clinton Anderson!

In March, I decided to try something different. I decided to take my horse and me to a Clinton Anderson Apprentice clinic. The goal was to learn more groundwork and riding techniques. The months before the clinic were filled with stomach turning anxiety over the riding part of the clinic. I was not concerned about the ground work because I have been practicing the Clinton Anderson approach on the ground for a long, long time. I was concerned about the riding part. I read several on-line accounts about the “passenger lesson”. I knew I was in for a very challenging adventure. So...on July 29, I went to Hinckley, MN for the clinic

Groundwork, groundwork, groundwork. If you think you have worked your horse or yourself hard, you do not have a clue to what hard work is under Clinton Anderson’s method. Three days of eight hour per day, continuous work with a little over an hour for lunch. The horses received two showers a day and I nearly joined Shadow in both showers. We were lucky the outside temperatures were in the upper 70’s to low 80’s. We learned flexing, 4 methods of backing, yielding front quarters, yielding hindquarters, lunging for respect stage 1 and 2, proper leading position, leading at a walk and trot from the right and left, several ways of desensitizing to stick, string, rope plus a few other techniques. There were times I thought my arm was going to fall off.

Riding, the dreaded passenger lesson. Twelve horses in the arena all trotting wherever they want to go. Your only job is to keep them trotting. No reins, no stopping, no steering, just close your eyes and go, non-stop for about 20 minutes. This is fun? It isn’t to bad at a trot. Now we go to the next level. Cantering! Twelve horses in the arena, 10 stopped randomly spaced with two cantering. Again, no reins, no steering, your job is to keep them cantering. Day 1, I said NO! One of the apprentices rode Shadow. He cut back right, left, figure 8 turns, forward, spin and then go! Day 2, I said yes and coupled with a horse Shadow liked. I figured he would stay with the old mare. That worked for about 5 minutes, about ½ of the allotted time. When it no longer felt safe, meaning I was not ready to taste dirt. I stopped. Day 3, I once again said no. The apprentice rode Shadow. He was worse than the first day. As Shana rode around yelling about this “Crackhead of a little horse” I knew my initial estimate of my survival odds on that ride was accurate. When the ride was over and Shana asked me to try the passenger lesson at a canter I again said no. BUT I did do it at a trot, albeit an extended trot. Despite the flow of sweat coming from

Shadow, he still had a lot of energy to move. All the other riding went very well. After the passenger lesson, Shana told me Shadow was not a horse to ride in an arena. He needs a place to go, a destination. He is always looking to go somewhere, not content to be confined to the arena. I have always felt that way. I am starting to canter him on the trails. He is responsive and easy on a loose rein. However, I know the crack head of a little horse lurks just below my butt waiting to pounce when least expected.

Would I recommend this to others? Yes!!! You have to be at least 18. But you would come away with a whole new respect for proper groundwork, riding, and what it takes to communicate with a horse. 30-60 minutes a couple times a week is not training, that is play. The apprentices felt like they were on vacation. They only had to work for 8 hours. This was a short day. Their day usually starts with cleaning stalls, feeding, training 5-6 horses for a couple of hours each, feeding and consulting. All this for no pay!

Is everything better? No! He is still stiff and not very flexible when trotting. He has attitude about learning new things. He is still too spooky but we are working on that. I have to keep thinking side of his brain engaged or he becomes a little unglued.

What are the improvements? Shadow never steps off when mounting. He flexes like a dream at halter and bridle. He even flexes his own head when I am riding him and we are just standing still. He yields his hindquarters very well. He leads at any speed, stays at my shoulder. He backs very well. I can direct his backing by just glancing at his hip. He reads my body language so well that he knows when I am about to ask him for a change of direction. He watches and listens then nearly always executes what I want in a responsive manner. He is not up to the Clinton Anderson response level, but neither am I.

*Jill Danner*

## Want to check on your GCSCA Points?

Check out the new GCSCA website!

[www.geocities.com/gcscassoc](http://www.geocities.com/gcscassoc)

You can find out all the latest information from GCSCA – including current point standings!

## Ticks & Lyme Disease – What Every Trail Rider Needs To Know

### Personal Protection

Ticks like to rest on low-lying brush and “catch a ride” on a passing animal or person. The areas that hold a high risk of tick infestation are wooded areas, low-growing grassland, and the seashore. You should exercise caution where you go. To reduce your chance of getting a tick-bite:

Avoid tick infested areas, when possible. Avoid shortcuts through heavily wooded, tick-infested areas. Use caution when you are entering tick-infested areas. Stay in the center of paths, avoid sitting on the ground, and conduct frequent tick-checks.

Dress properly. Wear light-colored clothing. This allows you to more easily see ticks on your clothing and gives you the opportunity to remove them before they can attach to your skin and feed.

Wear a long-sleeved shirt and long pants. This reduces the skin area exposed to ticks. Also, tuck your shirt into your pants and pants into your socks. This keeps the ticks on the outside of your clothing and thwarts their efforts to crawl onto your skin. However, during warm or hot weather, this is not practical. So, if this advice is ignored, we suggest that you increase your vigilance in conducting tick-checks.

Use EPA-approved tick repellents. During the summer months it can be inconvenient to wear pants and long-sleeved clothing, so using repellents can help protect you from ticks. Wash off the repellents when you return inside and always have an adult apply repellents to children.

Conduct frequent tick-checks. This includes a visual inspection of the clothing and exposed skin, followed by a naked, full-body examination in a private location. Be sure to check the scalp, behind and in the ears, and behind any joints.

Remember to check your pets too! This is not only for your pet’s safety but for your family’s as well. Pets can bring ticks in from outside and put you and your family at risk for infection.



## Member Roster

Please review and let me know if changes are needed. Newsletter Editor: Peggy Pasillas (call 651-450-7959 or email [peggy@pasillas.net](mailto:peggy@pasillas.net) )

### 2007 Memberships

Lname	Fname	Home Phone	Cell Phone	Work Phone	Email Address1	Email Address2
Anderson	Betty					
Bond	Ashley	507-645-5815	NA	NA		
Bradshaw	Amy	952-322-3080	651-245-6842	651-454-5866	<a href="mailto:amyb@taylortelephone.com">amyb@taylortelephone.com</a>	
Bradshaw	Donovan	952-322-3080	NA	NA		
Bradshaw	Jessica	952-322-3080	NA	NA		
Bradshaw	Kaeli	952-322-3080	NA	NA		
Bradshaw	Megan	952-322-3080	NA	NA		
Carlson	Kelly	952-239-0816			<a href="mailto:carlski@paknicollet.com">carlski@paknicollet.com</a>	
Clausen	Donnivan	651-454-1906				
Clausen	Elizabeth	651-454-1906			<a href="mailto:mejaymon@comcast.net">mejaymon@comcast.net</a>	
Clausen	Jason	651-454-1906				
Clausen	Jessica	651-454-1906				
Danner	Jolene	651-406-8543			<a href="mailto:virkatjol@aol.com">virkatjol@aol.com</a>	
Danner	Jill	651-224-7919	651-387-6429		<a href="mailto:madanner@aol.com">madanner@aol.com</a>	
Dent	Bill	651-452-0056	952-484-8699		<a href="mailto:bdentjr@gmail.com">bdentjr@gmail.com</a>	
Dent	Lynda	651-452-0056	952-484-1731	612-467-2384	<a href="mailto:lynda.dent@med.va.gov">lynda.dent@med.va.gov</a>	<a href="mailto:lsdent@gmail.com">lsdent@gmail.com</a>
Dullinger	Theresa					
Elbert	Joan	651-452-4139	651-387-2644	NA	<a href="mailto:jddreamcatcher@aol.com">jddreamcatcher@aol.com</a>	
Elbert	Rich	651-452-4139	NA	651-452-4135	<a href="mailto:richemann@aol.com">richemann@aol.com</a>	
Giorgi	Aaron	952-985-4209				
Giorgi	Jon	952-985-4209				
Giorgi	Leslie	952-985-4209	612-875-1418		<a href="mailto:girogigirl@frontiernet.net">girogigirl@frontiernet.net</a>	
Huss	Duane	NA	NA	NA		
Huss	Stephanie	NA	651-261-5427	NA	<a href="mailto:serendell@gmail.com">serendell@gmail.com</a>	
Jaus	Caity	952-469-1541				
Johnson	Tana	651-442-2496			<a href="mailto:tana@suburbantack.com">tana@suburbantack.com</a>	
Kielas	Lynn	952-997-2078	952-212-2078		<a href="mailto:lkielas@gopherstatemortgage.com">lkielas@gopherstatemortgage.com</a>	
Kincade	Hanna	952-322-3080	NA	NA		
LaFavor	Gale	651-423-5622	651-494-4415		<a href="mailto:galelafavor@yahoo.com">galelafavor@yahoo.com</a>	
Law	Camille	952-469-1541				
Law	Cassie		612-414-7597		<a href="mailto:completeequestrian@yahoo.com">completeequestrian@yahoo.com</a>	
Law	Shelly	952-469-1541				
Olson	Pamela	651-322-7908	651-592-6584	651-736-8205	<a href="mailto:pamelad66@charter.net">pamelad66@charter.net</a>	
Olson	Paul	651-322-7908			<a href="mailto:pdolson@mmm.com">pdolson@mmm.com</a>	
Oster	Joshua	651-451-6536	NA	NA		
Oster	Tim	651-451-6536	NA	NA		
Oster	Trina	651-451-6536	NA	NA	<a href="mailto:tntdisposal@usfamily.net">tntdisposal@usfamily.net</a>	
Pasillas	Greg	651-450-7959	651-353-7959	952-829-4479	<a href="mailto:Greg@pasillas.net">Greg@pasillas.net</a>	
Pasillas	Peggy	651-450-7959	651-353-2066	952-876-5812	<a href="mailto:peggy@pasillas.net">peggy@pasillas.net</a>	<a href="mailto:ppasillas@atmi.com">ppasillas@atmi.com</a>
Schedin	Sue	651-454-7651	651-239-0746		<a href="mailto:sshorses@comcast.net">sshorses@comcast.net</a>	
Schramm	Ann	651-457-7111			<a href="mailto:quickandjohn@yahoo.com">quickandjohn@yahoo.com</a>	
Schramm	Bernadette	651-457-7111			<a href="mailto:brs7vet2b@yahoo.com">brs7vet2b@yahoo.com</a>	
Schramm	Ken	651-457-7111				
Schultheis	Ann				no email; mail newsletter	
Soronen	Kellie	651-322-7908			<a href="mailto:knk4ever721@yahoo.com">knk4ever721@yahoo.com</a>	
Spevacek	Ami	651-453-9572	651-983-4729		<a href="mailto:amiss@comcast.net">amiss@comcast.net</a>	
Spevacek	Ashly					
Spevacek	George					
Sprenger	Dan		612-363-0628			
Strand	Loren					
Strand	Nancy	651-452-8793			<a href="mailto:stampede@4horses.org">stampede@4horses.org</a>	
Taylor	Andrew	952-322-3080	NA	NA		
Taylor	Callista	952-322-3080	NA	NA		
Taylor	John	952-322-3080	651-245-6842	651-454-5866	<a href="mailto:jonnt@taylortelephone.com">jonnt@taylortelephone.com</a>	
Tschida	Miriam				<a href="mailto:itinerant@unique-software.com">itinerant@unique-software.com</a>	
Valek	Alexi	507-645-5815	NA	NA		
Valek	Andy	507-645-5815	NA	NA		
Valek	Anikka	507-645-5815	NA	NA		
Valek	Jake	507-645-5815	NA	NA		
Valek	Jennifer	507-645-5815	NA	NA	<a href="mailto:jenvalek@lakes.com">jenvalek@lakes.com</a>	
Wiebush	Joe	651-442-2496				
Wistle	G. Patrick	651-455-8682	612-868-2211		<a href="mailto:patsales@minn.net">patsales@minn.net</a>	